



KELACREAM INFORMATION SHEET

Where to apply Kelacream

You will want to apply the cream to a thin-skinned area of your body which has minimal fat. Most people use their forearms, shoulders, upper chest, neck, side of torso, inner thigh, top of feet and the back of the knee. By applying on a thin-skinned area, you ensure the most effective absorption of the Kelacream.

How to apply Kelacream

It's best to apply Kelacream to completely dry & clean skin. Make sure there are no other soaps, creams, lotions or perfumes on the area. When applying the Kelacream, the entire dose can take too long to absorb, so we recommend you scoop out the teaspoon and a half dose from the jar and divide it into three to four portions. Apply one portion to an area by rubbing in until the whiteness becomes clear. Once it becomes clear, apply the second portion to the same area or a different area of your choice. You can apply to one area or multiple areas; the choice is yours. Once the active ingredient has penetrated the skin, regardless of where you apply it, it will do its thing in the body. At this time, you are free to clean the skin again to wipe off any residue from the cream.

The cream does not have any perfumes or scents but some people find it has a residual odor. By cleaning the skin after application, you will not hamper the effectiveness of what you applied. You can also break up the portion into multiple applications throughout the day. For example, instead of applying three portions in one sitting, you can separate them into three applications separated by four hours to get a constant dose throughout the day. This is an effective way to get the most of the cream but is not mandatory. You may also experience a normal slight tingling or itchy sensation for a few minutes when first applying the Kelacream depending on skin type, thickness and sensitivity. It is also common to experience a temporary slight rash on the body while detoxing and is perfectly normal. Initially, it's not vital to replace lost minerals. However, after 2-3 weeks, you may want to begin taking a good trace mineral supplement to replace minerals lost in the chelating process. Contrary to what is on the label, one only needs to avoid minerals 1 hour before or after using the product (not 6 hours). Please remember, Kelacream is for topical use only.

There are a few things to keep in mind when starting, using, and finishing your EDTA Chelation therapy treatment.

1. EDTA Chelation removes toxic lead & heavy metals but also removes good minerals your body needs. This requires you to take a supplementary mineral supplement to replace the good minerals taken out.
2. To aid in this, We have high quality mineral supplements on our online store but most over the counter products will work as well. This must be part of your therapy to insure maximum results.
3. EDTA Chelation is not a one-time treatment or cure. At a minimum, you must use Kelacream for 3-6 months to achieve desired results. Because everyone is exposed to heavy metals on a daily-basis, EDTA Chelation therapy should be viewed as an annual regiment and ultimately as you get older, a daily-regiment.